



Meet Your Nutritious Friend:
Mr. Oatis

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
					<p>What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Milk 1% white</p> 
6 Trix Cereal Bar Fresh or Canned Fruit	7 Pop Tart w. Graham Cracker Fresh or Canned Fruit	8 Blueberry loaf Fresh or Canned Fruit	9 Donut Stix Fresh or Canned Fruit	10 Chocolate Chip Muffin Fresh or Canned Fruit	
13 Cinnamon Toast Crunch Cereal Bar Fresh or Canned Fruit	14 Pop Tart w. Graham Cracker Fresh or Canned Fruit	15 Banana loaf Fresh or Canned Fruit	16 Lemon Bread Fresh or Canned Fruit	17 Blueberry Muffin Fresh or Canned Fruit	
20 	21 Pop Tart w. Graham Cracker Fresh or Canned Fruit	22 Blueberry loaf Fresh or Canned Fruit	23 Donut Stix Fresh or Canned Fruit	24 Chocolate Chip Muffin Fresh or Canned Fruit	
27 Trix Cereal Bar Fresh or Canned Fruit	28 Pop Tart w. Graham Cracker Fresh or Canned Fruit	29 Banana loaf Fresh or Canned Fruit	30 Lemon Bread Fresh or Canned Fruit	31 Blueberry Muffin Fresh or Canned Fruit	

Your Team

Katie Mowry, Food Service Director
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Meal Prices

Student Breakfast	\$0.00
Reduced Breakfast	\$0.00
Faculty Breakfast	\$2.00

