



**Meet Your Nutritious Friend:
Mr. Oatis**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
					<p>What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Milk 1% white, fat-free white, chocolate, vanilla, and strawberry</p> 
1	2	3	Blueberry Muffin	4	
5	6	7	Fresh or Canned Fruit	8	
9	10	11	Chocolate Chip Muffin	12	
13	14	15	Fresh or Canned Fruit	16	
17	18	19	Blueberry Muffin	20	
21	22	23	Fresh or Canned Fruit	24	
27	28	29	Blueberry Muffin	30	
31					

Your Team
Katie Mowry, Food Service Director
856.456.7000 ext. 4044
GLC@NSFM.com

Meal Prices

Student Breakfast	\$0.00
Reduced Breakfast	\$0.00
Faculty Breakfast	\$2.00



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.