






**Meet Your Nutritious Friend:
Mr. Oatis**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
		1	2	3	<p>What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p>Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Milk 1% white</p> 
6	7	8	9	10	
Bagel Kit FEATURED VEGGIES Veggie Patch	Bologna and Cheese Sandwich FEATURED VEGGIES Veggie Patch	PB&J Kit FEATURED VEGGIES Veggie Patch	BBQ Chicken Wrap FEATURED VEGGIES Veggie Patch	Italian Hoagie FEATURED VEGGIES Veggie Patch	
13	14	15	16	17	
Turkey BLT Wrap FEATURED VEGGIES Veggie Patch	Bagel Kit FEATURED VEGGIES Veggie Patch	PB&J Kit FEATURED VEGGIES Veggie Patch	Ham and Cheese Hoagie FEATURED VEGGIES Veggie Patch	Chicken Caesar Salad Wrap FEATURED VEGGIES Veggie Patch	
20	21	22	23	24	
	PB&J Kit FEATURED VEGGIES Veggie Patch	Bagel Kit FEATURED VEGGIES Veggie Patch	Buffalo Chicken Wrap FEATURED VEGGIES Veggie Patch	Pepperoni & Cheese Hoagie FEATURED VEGGIES Veggie Patch	
27	28	29	30	31	
Italian Hoagie FEATURED VEGGIES Veggie Patch	Turkey and Cheese Wrap FEATURED VEGGIES Veggie Patch	Bologna and Cheese Sandwich FEATURED VEGGIES Veggie Patch	PB&J Kit FEATURED VEGGIES Veggie Patch	Bagel Kit FEATURED VEGGIES Veggie Patch	

Your Team
Katie Mowry, Food Service Director
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Meal Prices
Student Lunch \$0.00
Reduced Lunch \$0.00



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.