

May 2024

Gloucester City Middle School
Gloucester City School District



Lunch Includes: **Protein Grain Fruit Veggie Milk**

Choose at least 3 out of 5 components— 1 must be a fruit or veggie. You may take 2 fruits & 2 veggies!

FREE Breakfast & Lunch for ALL Students

Monday	Tuesday	Wednesday	Thursday	Friday
CAFÉ CONTACT INFO: Katie Mowry Food Service Director GLC@nsfm.com *Menu subject to change		1 Open Face Turkey w/ Gravy Mashed Potatoes	2 Macaroni & Cheese w/ Corn Bread Chick Pea Salad	3 Pizza Caesar Salad
6 Ham, Egg & Cheese Breakfast Wrap Diced Potatoes	7 Chicken Nachos Corn Salad	8 Turkey, Bacon & Cheese Melt Mixed Veggies	9 Pizza Crunchers Peas	10 Pizza Caesar Salad
13 Chicken Alfredo w/ penne Broccoli	14 Walking Beef Taco Cheesy Rice	15 Pepperoni & Cheese On Bagel Cucumber Salad	16 Quarter Pound Cheeseburger Macaroni Salad	17 Pizza Caesar Salad
20 Grilled Cheese w/ Bacon Tomato Soup	21 Chicken Soft Tacos Spanish Rice	22 Momma's Baked Ziti w/ Meatball Caesar Salad	23 Popcorn Chicken Bowl Mashed Potatoes & Corn	24 Pizza Caesar Salad
 27	28 Beef Taco Salad Rice & Black Beans	29 Texas Tommy French Fries	30 General Tso Chicken w/ Rice Broccoli	31 Pizza Caesar Salad



Daily Entrée— Check for Daily Options

Vegetable Patch

Hot Sandwich Meal

Cold Sandwich Meal

Salad Meal

With Dip

Nutri- Serve is hiring! Please contact Food Service Director for More information!	Breaded Chicken Sandwich	Italian Hoagie	Crispy Chicken Salad	Baby Carrots
	Spicy Chicken Sandwich	Turkey Hoagie	Chicken Caesar Salad	Broccoli Bites
	Cheeseburger	Ham Hoagie	Garden Salad w/ Egg	Celery Sticks
	Pretzel Melts	Hummus Platter	Chef Salad	Beanie Bites
		Peanut Butter & Jelly		Corn Salad

View your lunch account: www.schoolpaymentportal.com



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