




Choose 1 Entrée.
Lunch Includes:
 Protein ~ Grain ~ Fruit ~ Veggie ~ Milk
 Choose at least 3 out of 5 components including a fruit or veggie. You may take 2 fruits & 2 veggies.

All salads come with a grain.

THURSDAY 1

Grilled Cheese
 Bagel Meal
SIDES:
 Sweet Potatoes
 Peaches
 100% Juice | Fresh Fruit
 MILK CHOICE

FRIDAY 2

Pizza
 Cereal Meal 
SIDES:
 Side Salad
 Cupped Fruit | Fresh Fruit
 MILK CHOICE

MONDAY 5

Chicken Nuggets
 w/ Dinner Roll
 Bagel Meal
SIDES:
 Celery
 Cupped Fruit | Fresh Fruit
 MILK CHOICE

TUESDAY 6

Fish Sticks
 Turkey & Cheese
SIDES:
 Sweet Potato Fries
 100% Juice | Fresh Fruit
 MILK CHOICE

WEDNESDAY 7

Cheeseburger
 On a Bun
 Bagel Meal
SIDES:
 Cucumbers
 Cupped Fruit | Fresh Fruit
 MILK CHOICE

THURSDAY 8

Hot Dog
 On a Bun
 Ham & Cheese
SIDES:
 Baked Beans
 100% Juice | Fresh Fruit
 MILK CHOICE

FRIDAY 9

Pizza
 Cereal Meal 
SIDES:
 Side Salad
 Cupped Fruit | Fresh Fruit
 MILK CHOICE

MONDAY 12

French Toast Sticks
 w/ Sausage Links
 Bagel Meal
SIDES:
 Hash Brown
 Cupped Fruit | Fresh Fruit
 MILK CHOICE

TUESDAY 13

Mozzarella Sticks
 w/ Dinner Roll
 Turkey & Cheese
SIDES:
 Carrots & Dip
 100% Juice | Fresh Fruit
 MILK CHOICE

WEDNESDAY 14

Chicken Patty
 On a Bun 
 Bagel Meal
SIDES:
 Sweet Potato Fries
 Cupped Fruit | Fresh Fruit
 MILK CHOICE

THURSDAY 15

Soft Shell Tacos
 w/ Fixings
 Ham and Cheese
SIDES:
 Rice & Black Beans
 100% Juice | Fresh Fruit
 MILK CHOICE

FRIDAY 16

Pizza
 Cereal Meal 
SIDES:
 Side Salad
 Cupped Fruit | Fresh Fruit
 MILK CHOICE

MONDAY 19


PRESIDENTS DAY

TUESDAY 20

Chicken Tacos
 W/ Fixings
 Turkey & Cheese
SIDES:
 Corn
 100% Juice | Fresh Fruit
 MILK CHOICE


WEDNESDAY 21

Chicken Nuggets
 w/ Dinner Roll
 Bagel Meal
SIDES:
 Spring Beans
 Cupped Fruit | Fresh Fruit
 MILK CHOICE

THURSDAY 22

Cheeseburger
 On a Bun
 Bagel Meal
SIDES:
 Smiles
 100% Juice | Fresh Fruit
 MILK CHOICE

FRIDAY 23

Pizza
 Cereal Meal 
SIDES:
 Side Salad
 Cupped Fruit | Fresh Fruit
 MILK CHOICE

MONDAY 26

Chicken Nuggets
 w/ Dinner Roll
 Bagel Meal
SIDES:
 Celery
 Cupped Fruit | Fresh Fruit
 MILK CHOICE

TUESDAY 27

Macaroni & Cheese
 w/ Dinner Roll
 Ham & Cheese
SIDES:
 String Beans
 100% Juice | Fresh Fruit
 MILK CHOICE

WEDNESDAY 28

Hot Dog
 On a Bun
 Turkey and Cheese
SIDES:
 Smiles
 Cupped Fruit | Fresh Fruit
 MILK CHOICE

THURSDAY 29

Grilled Cheese
 Bagel Meal
SIDES:
 Peas
 100% Juice | Fresh Fruit
 MILK CHOICE

All Breakfast & Lunch are Free to all Students.

*Menu subject to change.
 This institution is an equal opportunity provider.

**Early Childhood Center
 Lunch Menu**

Gloucester City School District



CAFÉ CONTACT INFO:

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