

Health Grade 1 Timeline

Content Area: **Health**
Course(s): **Health 1**
Time Period: **36 Weeks**
Length: **18**
Status: **Published**

Mandated Course of Study/Topical Outline with Timeline

Outline/Timeline

Health Grade 1

Detailed Course of Study/Topical Outline with Timeline

UNIT	TOPIC	Days
1	Look Out <ul style="list-style-type: none">• Look Out• Be Careful When You Play!• Fire Can Hurt You• Who Knows the Rules?	18
2	Head To Toe <ul style="list-style-type: none">• Head to Toe• Blood Goes Around and Around• I Take Good Care of My Body• My Body is Extra Special	18
3	Why Do We Eat? <ul style="list-style-type: none">• Why We Eat• Food in Your Body• Healthful Food• Which Foods to Choose	18
4	All About Medicine <ul style="list-style-type: none">• All about Medicine• Who Can Give Medicine?• What does Medicine Do?• Medicine Can Mean Trouble	18
5	Talk And Listen	18

	<ul style="list-style-type: none"> • We Talk and Listen • People Talk in Many Ways • Tell How You Feel 	
6	<p>Happy, Sad, And In Between</p> <ul style="list-style-type: none"> • We Have Many Feelings • Talking Helps Me Feel Better • Cool Dude Gets Mad • My Body is Private 	18
7	<p>Drugs Are Dumb</p> <ul style="list-style-type: none"> • What are Drugs? • No Smoking, Please! • Drinking Can Make You Sick • Safe and Strong 	18
8	<p>Get Well Soon</p> <ul style="list-style-type: none"> • Getting Sick • Germs • Getting Better • Do Not Share Your Germs 	18
9	<p>How I Breathe</p> <ul style="list-style-type: none"> • How I Breathe • Don't Hurt Your Lungs • Runny Nose, Stuffy Nose • Breathing Faster, Breathing Slower 	18
10	<p>Run, Jump, And Skip</p> <ul style="list-style-type: none"> • Run, Jump and Skip • Wonder Willie • Getting Better All the Time • Fair Play 	18

Optional Course of Study/Topical Outline with Timeline

Unit	Topic	Days

--	--	--