

# CAMDEN COUNTY FAMILY SUPPORT ORGANIZATION



THE MISSION OF THE CAMDEN COUNTY FAMILY SUPPORT ORGANIZATION (CCFSO) IS TO ASSIST CAREGIVERS AND FAMILIES OF CHILDREN WHO HAVE DEVELOPMENTAL, SOCIAL, EMOTIONAL, EDUCATIONAL, BEHAVIORAL, MEDICAL OR MENTAL HEALTH ISSUES AS WELL AS THOSE LIVING WITH SUBSTANCE USE OR INVOLVED IN JUVENILE JUSTICE NAVIGATE THE MANY SYSTEMS THEY WILL ENCOUNTER THROUGH THE CHILD'S LIFE. WE WILL ENSURE THE FAMILY VOICE IS HEARD IN ALL PLANNING, COORDINATION, AND DELIVERY OF SERVICES. AS PARENTS WHO ARE EXPERIENCING OR HAVE EXPERIENCED THESE ISSUES WITH OUR OWN CHILDREN, WE WORK WITH FAMILIES TO PROVIDE DIRECT EMPATHETIC PEER SUPPORT, EDUCATION AND PROMOTE SELF-ADVOCACY.

# Children's System Of Care

DCF's Children's System of Care (CSOC)  
partners with community-based  
providers to administer a network of services  
for children & adolescents - 21 and under - with  
emotional and behavioral healthcare challenges.



CSOC 24-hour Access Line:

**1-877-652-7624**

## Wraparound

Here at FSO, we are part of the child family team through Perform care and we work in conjunction with CMO. Our role is to provide peer to peer support for parents. We are here to provide advocacy, resources, support and community information but also to help you learn your child's rights in the system of care and within the school district. Our goal is to empower you while supporting you through this journey.

## Mobile Response

Guide for New Jersey's Resource Families Mobile Response and Stabilization Services are available 24 hours a day/ 7 days a week and can be reached toll-free at 1-877-652-7624; Families should call for help when a child is involved in an emotional or behavioral health crisis that causes a disruption in the home.

## Perform Care

Hours of Operation: 24 Hours a Day, 7 Days a Week  
Their Address: 300 Horizon Drive Suite 306, Robbinsville, NJ  
08691-1919

1-877-652-7624 24 hours a day, 7 days a week  
[www.performcarenj.org](http://www.performcarenj.org)

# What does a Family Support Partner do?

## Community Resources

Your assigned FSP will meet caregivers where they are! They will locate and share resources in the community to support the family and child's needs allowing for personal and family growth as well as share resources for housing, food, and the needs of daily living.



## Educational Support

FSPs review IEPs and 504 plans, provide support at school meetings and assist parents and families in understanding their child's educational rights and promote self-advocacy.



## Helping families find and use their voice

- Share information and supports to better help parents, caregivers and families understand the wraparound process and services offered through Performcare
- Provide parents and caregivers a safe, judgement free space to talk openly about concerns, successes and stress stemming from raising a child with additional needs
- Letting the parents know they are not alone

# Outreach Programs

Caregiver Support Group - For Caregivers of children/youth with developmental, behavioral, emotional and other mental health challenges. Presentations, guided discussions and self-care. We also have a Grandparent's Support Group, Spanish Support Group & Self-Care group!

Father's Group - For fathers, grandfathers, uncles and other male caregivers who support the development and well-being of children/youth with special, behavioral, and other emotional needs.

Special Needs Family Support Group - For parent's/caregivers of children with Special Needs ages 5-12. Children play on the gym floor while parents/caregivers meet in the event space for support, presentations and guided discussions.

Healing & Trauma Seminars - These are an as needed basis for individuals or groups. Please inquire with our Outreach Coordinator.

Youth Partnership - For youth ages 13-21 struggling with emotional, behavioral, or special needs. Special projects, presenters, informational sessions and volunteer. Focused on social skills and relationship building.

Youth Leadership - Teaching leadership skills to youth ages 13-21.

JYYP - Justice Impacted Youth Partnership for youth ages 13-21 who have been impacted by the Justice System.

1030 Kings Hwy N, Suite 210, Cherry Hill, NJ 08034  
856-662-2600

# Caregiver Education

- Nurtured Heart Approach - The Nurtured Heart Approach® (NHA) is a curriculum for relationships. It supports adults in relating to children in ways that guide them to use their intensity successfully and positively. These are scheduled 3 hour workshops on a monthly basis virtually or in person.
- Parent's Project - "Changing Destructive Adolescent Behavior" is an award-winning intervention model addressing the most destructive of adolescent behaviors. This groundbreaking program address covers it all: truancy, drugs, runaways, media, early teen sex, violence, gangs. Parent Project promises concrete answers for every parent question asked.
- Loving Solutions - A parent training program designed specifically for parents raising challenging younger children, ages 5-10 years. Using a behavioral model, Loving Solutions is based on cooperative learning norms with group learning activities in a workbook format to maximize both learning and interest. The "Steps of Success" (S.O.S.) home practice assignments create a solid foundation for change in the home.
- Parent's Forever - Research based, educational program for families experiencing divorce, separation, or a change in child custody.
- Connections Matter - A review of ACES and why relationships and community connections really do matter!
- Special Education Workshops - An overview of your students' special education rights throughout their educational journey!

More included... Mental Health First Aide, Self-Care series, CSOC 101, Transitions Planning, and so much more!

Individual, group and On Demand sessions available! Please reach out to our Caregiver Education Coordniator for information or visit our website.

[linnet.reed@camdenfso.org](mailto:linnet.reed@camdenfso.org)

[www.camdenfso.org](http://www.camdenfso.org)

# What makes us so unique?



## Lived Experience

We all have lived experience which makes our services so special and individualized. Every single one of us understands what it is like to go through hardships in the mental health world. We will always listen to your family's needs with empathy and without judgement.

Maybe we haven't worn the same shoes, but we have certainly walked the same path!

## Knowledge

Because of our lived experiences, we all have the knowledge of how to access services, programs, and advocate for what's right. And if we don't know - someone else always does! Our office is equipped with dedicated staff who come from all different walks of life and personal situations!





FSO is open to all families in Camden County.

To access our supports, caregivers can call our warmline at **(856) 662-2600** and ask for support.