

# Health III

UNIT/ Weeks	Timeline/Topics	Essential Questions
.5	If Not You...Who? <ul style="list-style-type: none"> <li>• EMS</li> <li>• 4 steps in EMS system</li> <li>• Recognizing an emergency</li> <li>• Good Samaritan Law</li> </ul>	<ul style="list-style-type: none"> <li>• Why is it important for everyone to know first aid?</li> </ul>
.5	Taking Action: Emergency Action Steps <ul style="list-style-type: none"> <li>• Check, Call, Care</li> </ul>	<ul style="list-style-type: none"> <li>• When faced with an emergency situation what would you do?</li> </ul>
.5	Checking an Ill or Injured Person <ul style="list-style-type: none"> <li>• Checking conscious person</li> <li>• Checking unconscious person</li> <li>• ABC</li> <li>• Shock</li> </ul>	<ul style="list-style-type: none"> <li>• How would your emergency procedures differ on a conscious and unconscious victim?</li> </ul>
.5	When Seconds Count <ul style="list-style-type: none"> <li>• Breathing Emergencies</li> <li>• Choking</li> </ul>	<ul style="list-style-type: none"> <li>• Why is it important for everyone to know first aid?</li> </ul>
2	Cardiac Emergencies <ul style="list-style-type: none"> <li>• Signals of Heart Attack</li> <li>• CPR and AED Training</li> <li>• Preventing Coronary Disease</li> </ul>	<ul style="list-style-type: none"> <li>• Why is it important for everyone to know first aid?</li> </ul>
.5	Injury Prevention <ul style="list-style-type: none"> <li>• Injury Risk Factors</li> <li>• Reducing Risk of Injury</li> </ul>	<ul style="list-style-type: none"> <li>• What things can you do every day to reduce your chances of an injury?</li> </ul>
1	Soft Tissue Injuries: Cuts, Scrapes, and Bruises <ul style="list-style-type: none"> <li>• Wounds</li> <li>• Abrasions</li> <li>• Lacerations</li> <li>• Avulsions</li> <li>• Punctures</li> <li>• Caring for Wounds</li> <li>• 1st, 2nd, 3rd Degree Burns</li> <li>• Injury to Chest</li> </ul>	<ul style="list-style-type: none"> <li>• Why is it important for everyone to know first aid?</li> </ul>
1	Injuries to Muscles, Bones, and Joints <ul style="list-style-type: none"> <li>• Muscle, Bone &amp; Joint Injuries</li> <li>• Splint</li> <li>• Head, Neck &amp; Back Injuries</li> </ul>	<ul style="list-style-type: none"> <li>• Why is it important for everyone to know first aid?</li> </ul>
.5	Sudden Illness <ul style="list-style-type: none"> <li>• Sudden Illness</li> <li>• Seizure</li> <li>• Stroke</li> </ul>	<ul style="list-style-type: none"> <li>• Why is it important for everyone to know first aid?</li> </ul>
.5	Poisoning <ul style="list-style-type: none"> <li>• Household Poisons</li> <li>• Poisonous Plants</li> <li>• Insects</li> <li>• Snakes</li> <li>• Marine Life</li> <li>• Treating Poisons</li> </ul>	<ul style="list-style-type: none"> <li>• If you think someone has been poisoned, what would you do?</li> </ul>

.5	<p>Heat and Cold Related Emergencies</p> <ul style="list-style-type: none"> <li>• Heat cramps</li> <li>• Heat exhaustion</li> <li>• Heat stroke</li> <li>• Frostbite</li> <li>• Hypothermia</li> <li>• Care</li> </ul>	<ul style="list-style-type: none"> <li>• How can environmental (weather) conditions lead to an emergency?</li> </ul>
.5	<p>Communicating with Young, Old, and Disabled</p> <ul style="list-style-type: none"> <li>• Communicating with Adults and Children</li> <li>• People with Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Why is your demeanor important when with dealing with an emergency?</li> </ul>
.5	<p>Asthma, Anaphylaxis, and Epinephrine Auto-Injectors</p> <ul style="list-style-type: none"> <li>• Asthma</li> <li>• Allergic Reaction</li> <li>• Medication</li> </ul>	<ul style="list-style-type: none"> <li>• What are signs that a person is having an asthma attack?</li> </ul>